

Experiences



Beach / coastline Bike tour Estoril - Belém



Option 1:

Highlights

This tour will allow you to really know all the spots of our beautiful Estoril Coast in straight line tour.

Duration: 2h
Difficulty level: medium/low.
Price 30€ includes Minibus transfer from Cascais to S.Pedro Estoril and return.
Minimum 2pax

Option 2:

Highlights

This tour will let you go a bit further along the same route, visiting the historical Lisbon, Jeronimos Monastery, Belem Tower, always travelling close to the Tagus river, and ending the trip with a visit to the Padrão dos Descobrimentos monument.

Duration: 4h
Difficulty level: Low.
Price 40€ includes Minibus transfer from Cascais to S.Pedro Estoril and ticket to monument.
Return on train

Kayak Cascais



Activity in the Atlantic ocean
Experience the smooth waters while kayaking at Cascais and Estoril. This will give you incredible perspective of our magnificent coast.

All the famous buildings, old palaces, nice beaches, ships, fortresses and lighthouses. Depending on conditions, visit the famous Boca do Inferno, an incredible cave.

Bring all your friends as this is an activity where laughter and good atmosphere is generated naturally.

Different starting places may be used according to your preference and weather conditions. Either way is a very good way to spend a morning or an afternoon, away from mass tourism and traffic jams.

Included:

Double kayak (extra child seat in the middle), life vests, paddles, water.

Transfer from Cascais-Estoril. If you are arriving from Lisbon we will meet you at train station.

Not included:

Hat, sun lotion, wet suit, neoprene boots; lunch

Additional Information:

Picnic at the beach is available. Please inquire for more details

Meeting Point, pick-up and drop-off:

Hotel pick up and drop off

Duration: 1/2 day

Difficulty level: Easy

Price 50€

Kayak Arrábida



Highlights

A hidden piece of heaven is waiting for you.
We make a quick stop in Azeitão to buy some snacks (we suggest fruit, sandwiches and some famous local pastries and cheeses)

We arrive to Arrábida Natural Park, where we find gold sand beaches and crystal blue water framed by an untouched mountain.

Duration: Full day

Difficulty level: Easy / Medium

Price 75€

Sintra Cascais Mountain Biking



This tour will allow to experience some real MTBiking in Sintra Cascais Natural Park (Unesco classified this region in 1995)

Awesome trails, fresh woods, rocky cliffs, hidden beaches, wildlife, beautiful monuments and incredible mountain sightseeing to the Blue Atlantic.
The chance to visit the westernmost point in Continental Europe: Cabo da Roca
The silence and mysticism of this mountain will surely conquer you.

A) Lagoa Azul - Forest - Guincho beach

Duration: 2h
Difficulty level: Medium
Price 30€ includes Minibus transfer from Cascais to Areia and return

B) Top of the mountain (477m)

Duration: 5,30h
Difficulty level: Medium high
Price 55€ (lunch included in traditional Portuguese restaurant)

C) Combi (bike tour + van tour)

Duration: Full day
Difficulty level: Medium
Price 79€ (lunch included in traditional Portuguese restaurant)

Highlights

This tour will allow you to do an extra activity.
Mountain Biking during the morning and Sightseeing tour to Sintra with visit to Monserrate palace.
Minimum 4 Pax

West coast mountain biking



Highlights

This tour will allow you to travel north crossing the beautiful west coast in an exciting 2 days trip from cascais to Santa cruz beach.
Guincho, Cabo da roca, Azenhas do Mar, Ericeira.

The ultimate experience to explore with the detail that only a bike ride offers.

1 st day is full day on bike. The night is spent in Santa cruz. The 2 nd day is spent travelling on van visiting Mafra and returning to Cascais.

Duration:

8h
Difficulty level: Medium High
Minimum : 4 pax

Included support van plus lunch on first day
Not Included accomodation and extra meals

Price on request

Lisbon city tour



Duration: 1/2 day
Difficulty level: Low
Price: 30€ (ginginha wine taste included)



Roller blade kart

For adrenaline addicts we sugest our new and exciting roller blade kart.
Experience high speed downhill on asphalt, ideal fun for groups.

Minimum 4
Price on request

Jeep Tour



Includes: Pick up and Drop Off
-Jeep tour through Sintra Hills Guincho Coast
-Binoculars
-Free time in the village centre
-Water
-Lunch (full day only / half day no included)

OPTIONAL VISIT TO:
-Pena Palace, Capuchos or Regaleira visit

Price: Full Day 70€ per person
Minimum Pax: 4
Half day Price 40€ per person
Sintra hills and Guincho coast
Binoculars
Water

All Tours include:
Personal accidents insurance as well as civil responsibility,
Scenic tour in confortable 8 pax mini-bus (Ac / DVD),
Guide.
Children discount

Note: Guincho Adventours reminds that the referred points of interest are merely indicative. They may be changed to client's previous choice, schedules, climatic and traffic conditions.

Consult our price on www.guinchtours.com or on your hotel office.

Kayak Sesimbra - Fishing Village



We arrive to Sesimbra Village where the castle can be visited
Departure from the fishing port and visit hidden beaches, rocky cliffs great opportunity to snorkel and take amazing pictures.
We will have pic nic at great location.

Duration: Full day
Difficulty level: Easy / Medium
Price 70€

Kayak Arrábida Kayak Sesimbra - Fishing Vilage

We ride south for 1 hour on a top class sightseeing trip.
Crossing the 25th of April Bridge with a great view of Lisbon. We make a quick stop in Azeitão to buy some snacks (we suggest fruit, sandwiches and some famous local pastries and cheeses)

We arrive to Arrábida Natural Park, where we find gold sand beaches and crystal blue water framed by an untouched mountain.

Duration: Full day

Difficulty level: Easy / Medium

Price 50€

Kayak Arrábida Kayak Sesimbra - Fishing Vilage Guincho Extreme Kayak

Included:
Transfer, double kayak, life vest, water, transfers, insurance, friendly guides

Not included:
Lunch, sunscreen, hat, wetsuit and boots
Additional Information:
Bring sun screen, hat
Meeting Point, pick-up and drop-off:
Hotel pick up & drop off included at your hotel